



choice organics for children

## **New Organic Kids Foods: Mom Made™ Meals and Munchies Now Available**

### **Whole Foods and Let's Dish! Among Retailers**

ALEXANDRIA, VA, July 14, 2008: Mom Made™ Foods, the Mid-Atlantic's first USDA organic certified producer of fresh frozen foods for children, announces in-store availability of its new healthy children's meals and snacks at select Mid-Atlantic Whole Foods Market and Let's Dish! stores.

Mom Made Meals, available in Fiesta Rice or Cheesy Mac, and Mom Made Munchies, available in Bean Burrito or Cheese Pizza, are packed with fresh organic vegetables and whole grains. They give parents a guilt-free, convenient way to feed kids foods they love that are good for them. Mom Made Meals and Mom Made Munchies join Mom Made for Baby to create a complete range of healthy, delicious organic meals and snacks for babies, toddlers and older children.

"Now that Mom Made's healthy, convenient Meals and Munchies are available in the freezer section of so many great stores, it's really easy to feed kids food they love that's good for them too," said Heather Stouffer, Mom Made Foods president and founder.

Cheesy Mac is delicious mac n' cheese, high in Vitamin A and with less than 75% of the sodium of conventional macaroni and cheese. In addition to organic macaroni, organic skim milk, and organic cheddar cheese, the entrée is packed with three healthy organic vegetables - peas, sweet potato and butternut squash. The second entrée in the Mom Made Meals collection, Fiesta Rice, is gluten free and a great source of fiber. It is full of organic brown rice, organic beans, organic corn, organic bell peppers, and other good-for-you organic ingredients.

Mom Made Munchies are little bites perfect for small hands to hold. Each package contains two munchies full of organic vegetables and whole grains with no trans fats. In addition to yummy organic mozzarella cheese and organic tomato paste, the Cheese Pizza contains organic sweet potato, organic butternut squash, organic potato, and organic cauliflower. Mom Made Bean Burrito contains organic brown rice, organic beans, organic corn, and organic bell peppers.

All Mom Made organic foods are USDA certified organic. The foods are flash frozen to preserve flavor, nutrients, color and natural texture. They contain no preservatives, no trans fats, no added sugars, and no artificial colors and are low in sodium.

For more information, including nutritional information, ingredients, and product photos, [click here](#). For information about upcoming tastings, events and/or product samples, please contact us directly.

Contact: Lynn Anne Miller, lynn at mommadefoods dot com or call 877-512-1800 extension 9104.